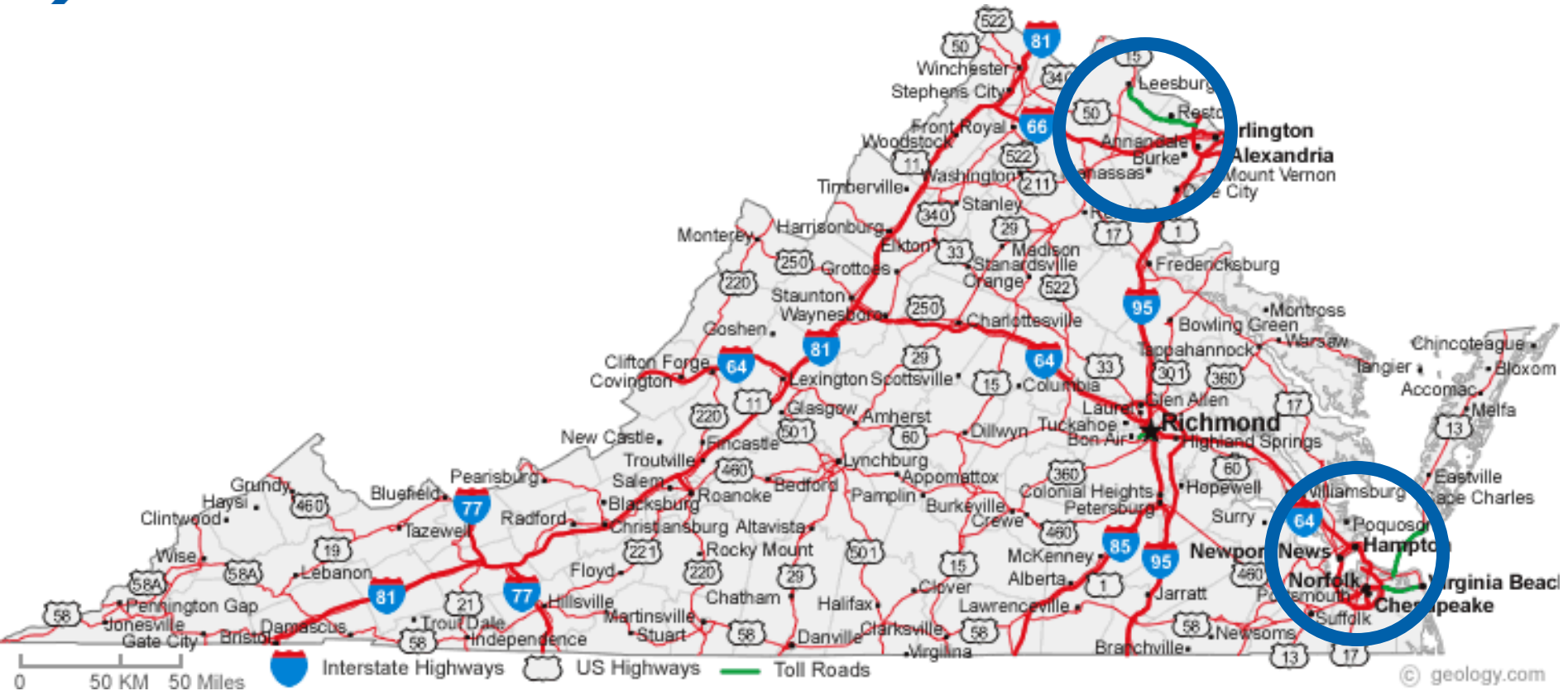




Hard Shoulder Running is a valuable tool
July 14, 2016

Dean H. Gustafson, PE, PTOE
State Operations Engineer
VDOT Operations Division

Virginia



VDOT's Statewide Operations Program

Operations Statistics

- System Mileage

 - Interstate – 1,120

 - Primary – 7,996

 - Secondary - 48,809

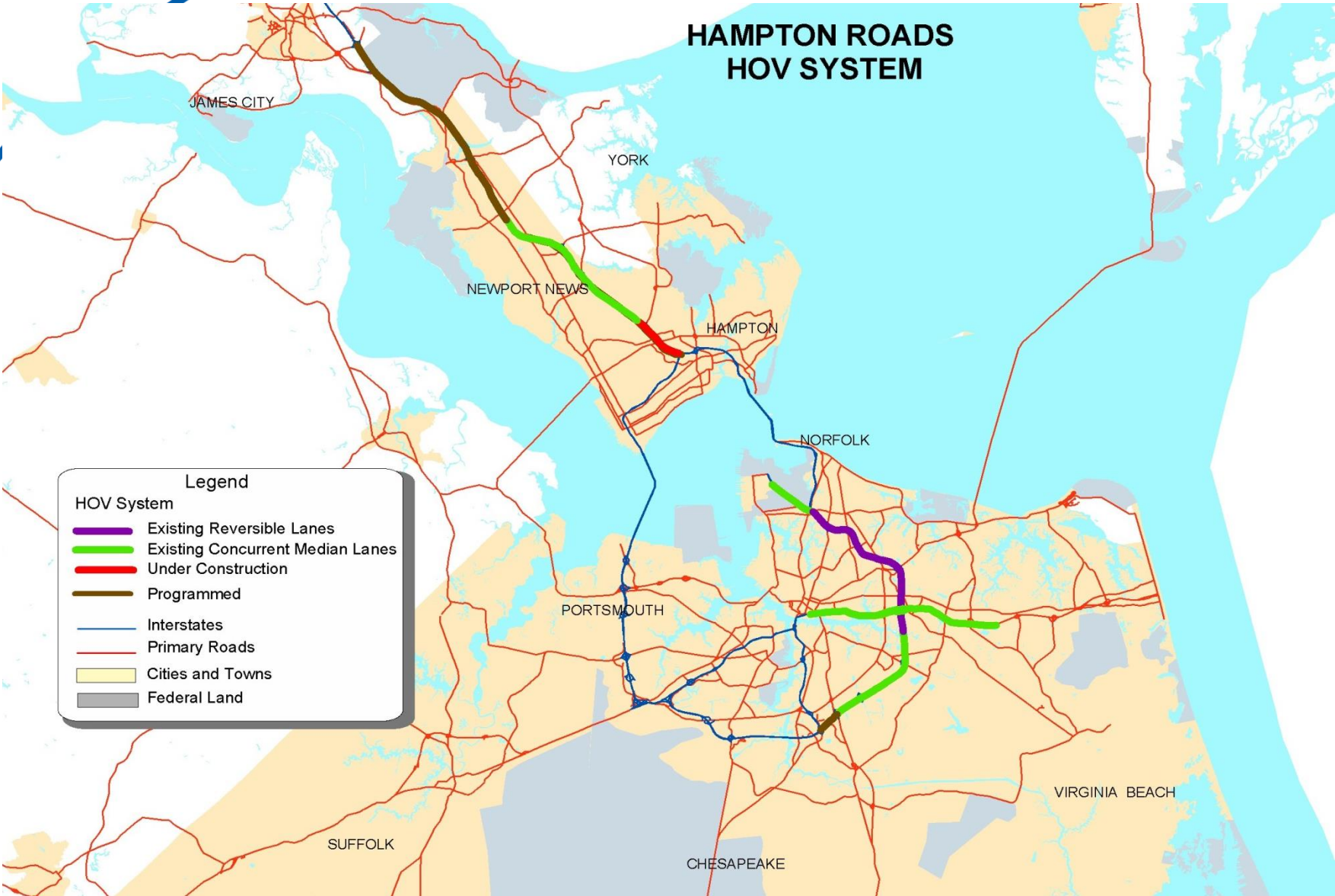
- 7 Tunnels

- 11 Moveable Bridges

- 3 Ferries

- Each TOC handles 28 to 151 events every day
- Over 2,700 field devices
- Over 338 miles of VDOT fiber
- 50 SSP patrol routes covering 503 miles of Interstate
 - 30 routes/250 miles are 24/7
- 4th Generation Statewide 511 Program
- Phone, Web, Mobile App

HAMPTON ROADS HOV SYSTEM



Legend

HOV System

- Existing Reversible Lanes
- Existing Concurrent Median Lanes
- Under Construction
- Programmed

Interstates

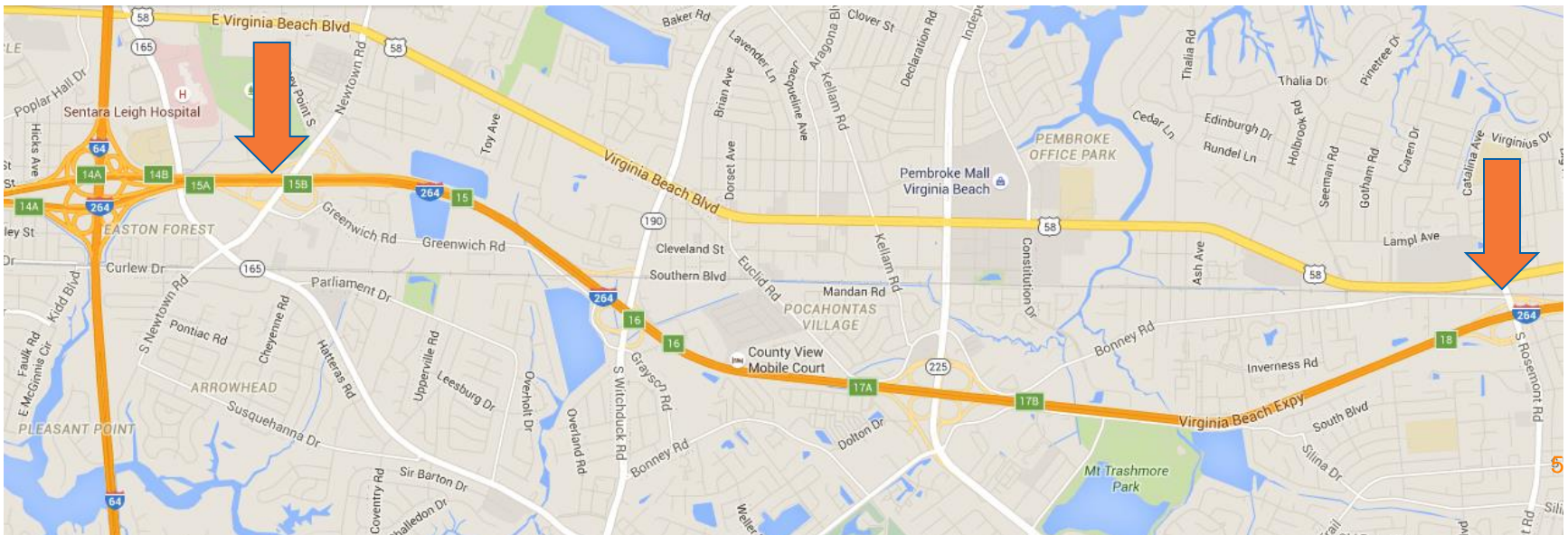
Primary Roads

Cities and Towns

Federal Land

I-264 Hard Shoulder Running

- I-264 between Newtown Road and Rosemont Road Interchanges
- Approximately a 4 centerline mile length
- Installed in 1992 when HOV lanes created from GP lanes
- Shoulder/Lane is a 12'-wide full depth shoulder
- Pavement matches GP Lanes
- Emergency Pull-off areas located each ¼ Mile
 - Full width (15'), Length approx. 300', Includes decel/accel tapers



I-264 HSR Operations

- **HSR Operations coincide with HOV Reversible and Concurrent Flow Lanes (HOV 2+) Weekdays Only**
 - **Westbound 0600 – 0900**
 - **Eastbound 1500– 1800**
 - **Closed (Emergency Stopping Only) all other times**
- **Virginia code allows the lifting of HOV restrictions in Hampton Roads when a general purpose lane is expected to be blocked for 10+ minutes.**
 - **HSR lane remains open to all traffic**
 - **Occurs several times per year**
- **Speed limits are fixed and same as the rest of travel lanes.**

I-264 Typical Section



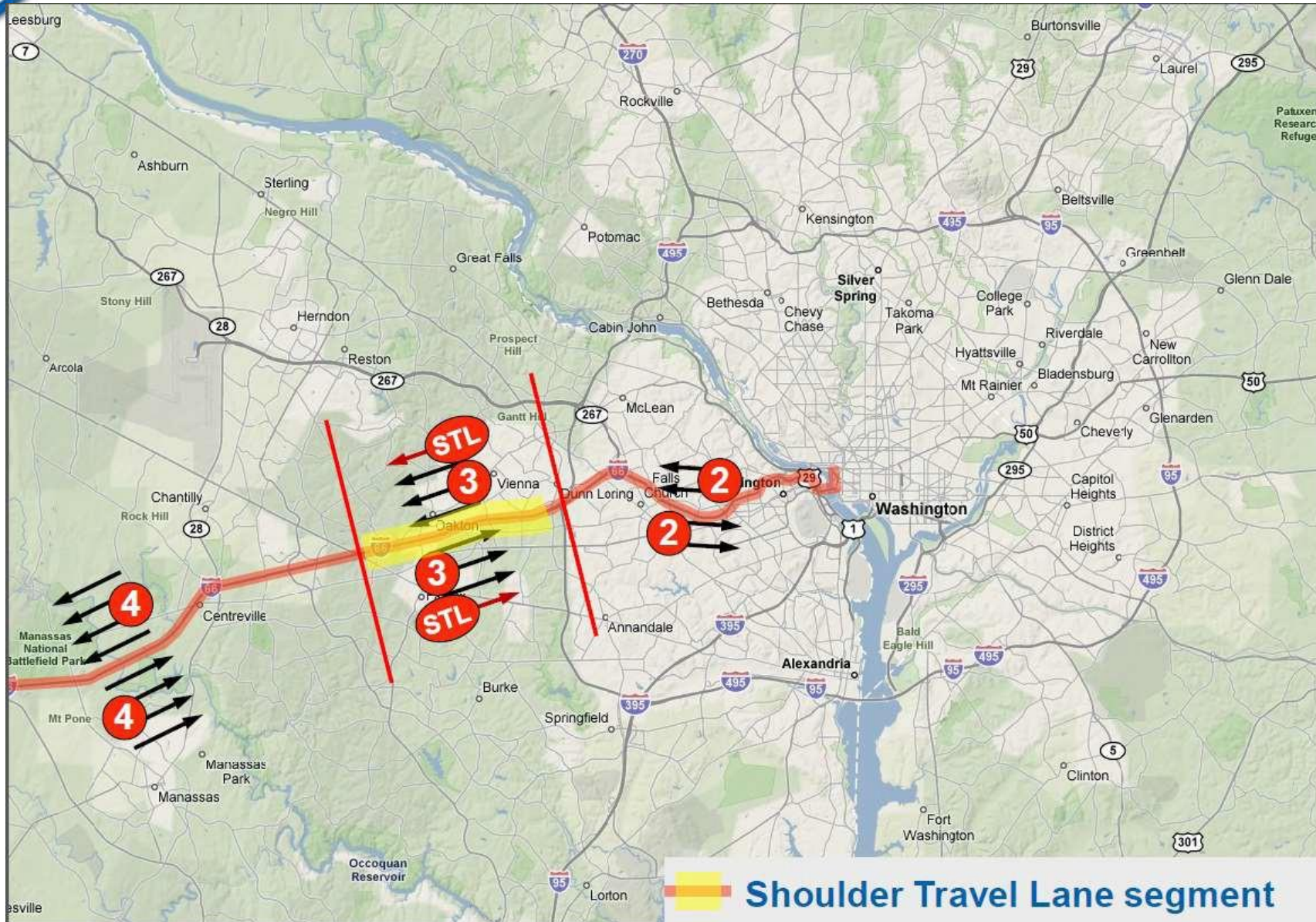
Typical Traffic Control Devices



Typical Traffic Control



Interstate 66 corridor

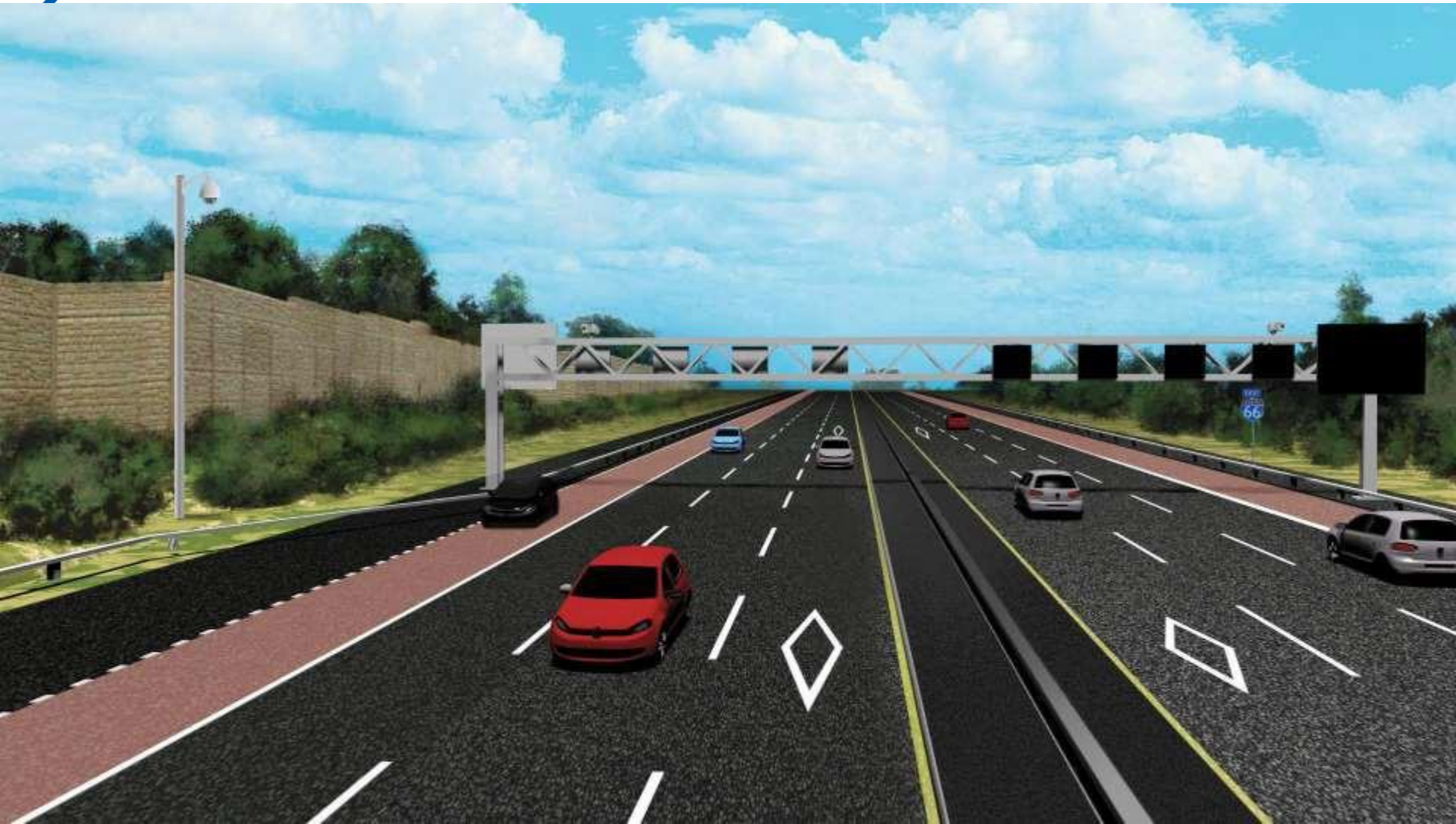


 Shoulder Travel Lane segment

 Number of travel lanes

Shoulder Travel Lane History

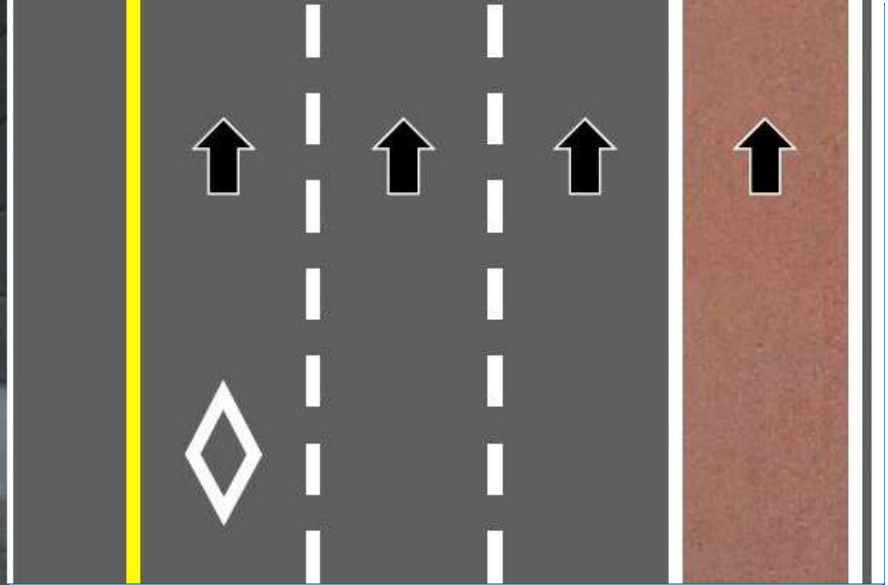
- **1964:** This segment of I-66 first constructed as a 4-lane divided freeway
- **April 1993:** Widened to 6 lanes. Left lane reserved for HOV-2, shoulder upgraded for use as a travel lane during peak periods.
 - 6:30 – 9:00 AM eastbound
 - 4:00 – 6:30 PM westbound
- **August 1993:** HOV and Shoulder Lane hours extended:
 - 5:30 – 9:30 AM eastbound
 - 3:00 – 7:00 PM westbound
- **1999:** Shoulder Lane hours extended:
 - 5:30 – 10:00 AM eastbound
 - 3:00 – 8:00 PM westbound
- **August 2008:** Shoulder Lane hours extended and incidents
 - 5:30 – 11:00 AM eastbound
 - 2:00 – 8:00 PM westbound
- **HOV Hours remain unchanged since August 1993**



Shoulder Lane Control Signs



Shoulder Lane Control Signs



Lane Control Signs



Yellow Merge Arrow: Used to start shifting traffic away from lane when there is debris, stopped vehicle(s), encroachment, or when people are close to edge of travel way



Red X: Used keep traffic away from blocked lane at scene of an incident, debris or encroachment



Green Arrow: Used to signify that the lane is open to traffic beyond a blockage point



Signing for Emergency Pull-Off Areas



Safety Impacts

- Comprehensive study of crash patterns
- Methodology peer-reviewed by TRB and ITE
- No significant difference in crashes when shoulder travel lane is open

Safety Impacts of Freeway Managed-Lane Strategy

Inside Lane for High-Occupancy Vehicle Use and Right Shoulder Lane as Travel Lane During Peak Periods

Jung-Taek Lee, Randy Dittberner, and Hari Sripathi

This paper presents results of a safety analysis of a freeway managed-lane strategy, that is, a time-of-day managed-lane strategy that concurrently allows use of the inner left lanes by high-occupancy vehicles (HOVs) and use of right shoulders as general purpose travel lanes during peak hours. Recent 3-year crash data and corresponding annual average daily traffic (AADT) volumes and lane-type-specific AADT volumes were identified for various lane types, including the inner left lanes for HOV only use during peak hours, general purpose lanes, right shoulder lanes, and all lanes as a whole. Negative binomial regression models were used to estimate the effect of this traffic operations system and other factors relevant to crash frequency. The negative binomial regression model analyses present no evidence that the interest factors, including the managed-lane strategy during peak hours, AADT volumes, merging and diverging influence areas, weather, light conditions, and existence of pull-off areas, affect the crash frequency when aggregated across all lanes. The variable AADT volumes in the specific analysis of general purpose lanes appear to be significant and show about a 2% increase in weekday crashes for each increase of 1,000 vehicles per day in the AADT range of 50,000 to 83,000 vehicles per day. Right shoulder

direction on weekdays. The use of the right shoulders for traffic is of particular interest to the agency because a disturbance on the shoulder, such as a collision or a disabled vehicle, significantly affects traffic during peak hours. Allowing traffic to use the right shoulders as travel lanes provides additional capacity to meet peak traffic demand and is a simple and cost-effective congestion mitigation method, but the shoulders become unavailable for other purposes, such as a refuge for disabled vehicles or enforcement activities. Despite the safety implications of the change in shoulder use, the safety effects of the system had not been comprehensively analyzed. This paper addresses the effects of this managed-lane strategy and other factors on lane-specific traffic safety, especially the right shoulders.

LITERATURE REVIEW

Traffic operational success of HOV lanes and relevant safety issues are well documented by many transportation agencies and transpor-

Hard Shoulder Running Usage

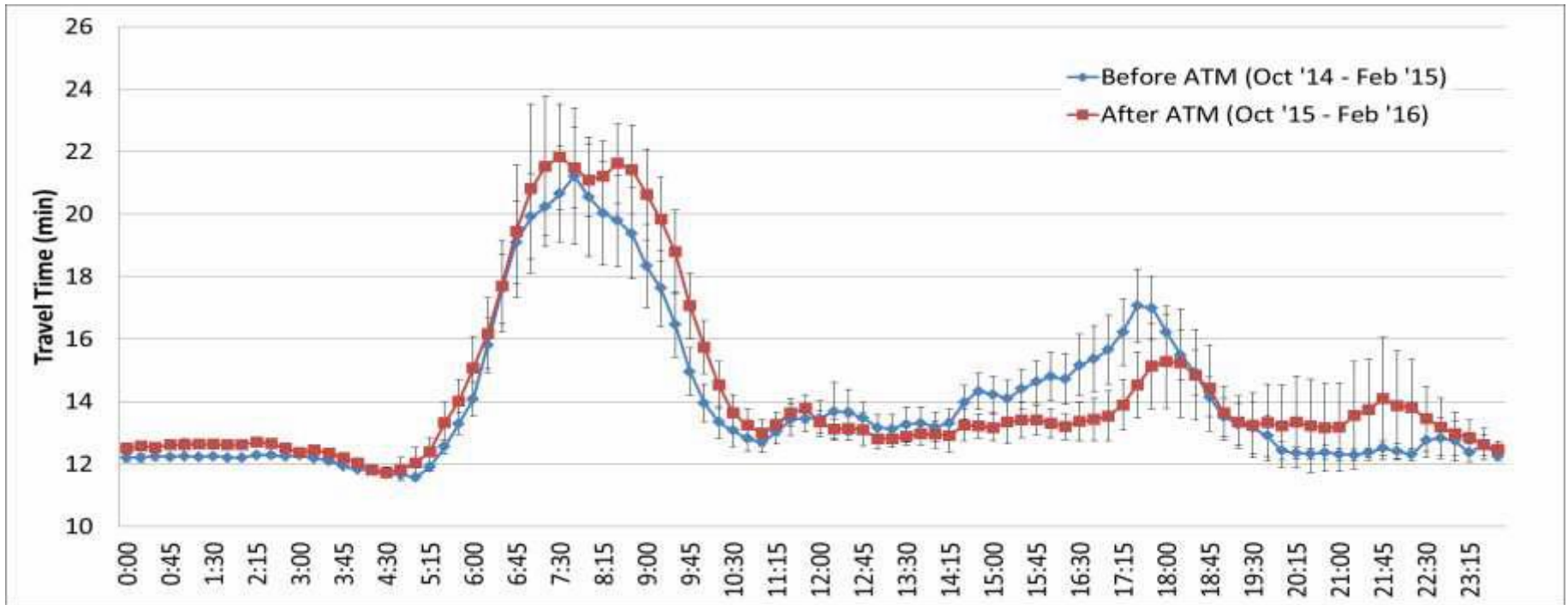
- **Before ATM, shoulders on I-66 from US 50 to I-495 were open to travel on a fixed schedule:**
 - **EB: 5:30-11:00 AM weekdays only**
 - **WB: 2:00-8:00 PM weekdays only**
- **After ATM, shoulders were also opened as needed based on traffic congestion.**
- **Average daily duration of shoulder lane sign activation from 9/15 to 2/16:**

Direction	Weekdays	Weekends
EB	8.0 hours	2.4 hours
WB	5.9 hours	2.0 hours

2014-2015 vs. 2015-2016

Average EB Weekday Travel Times

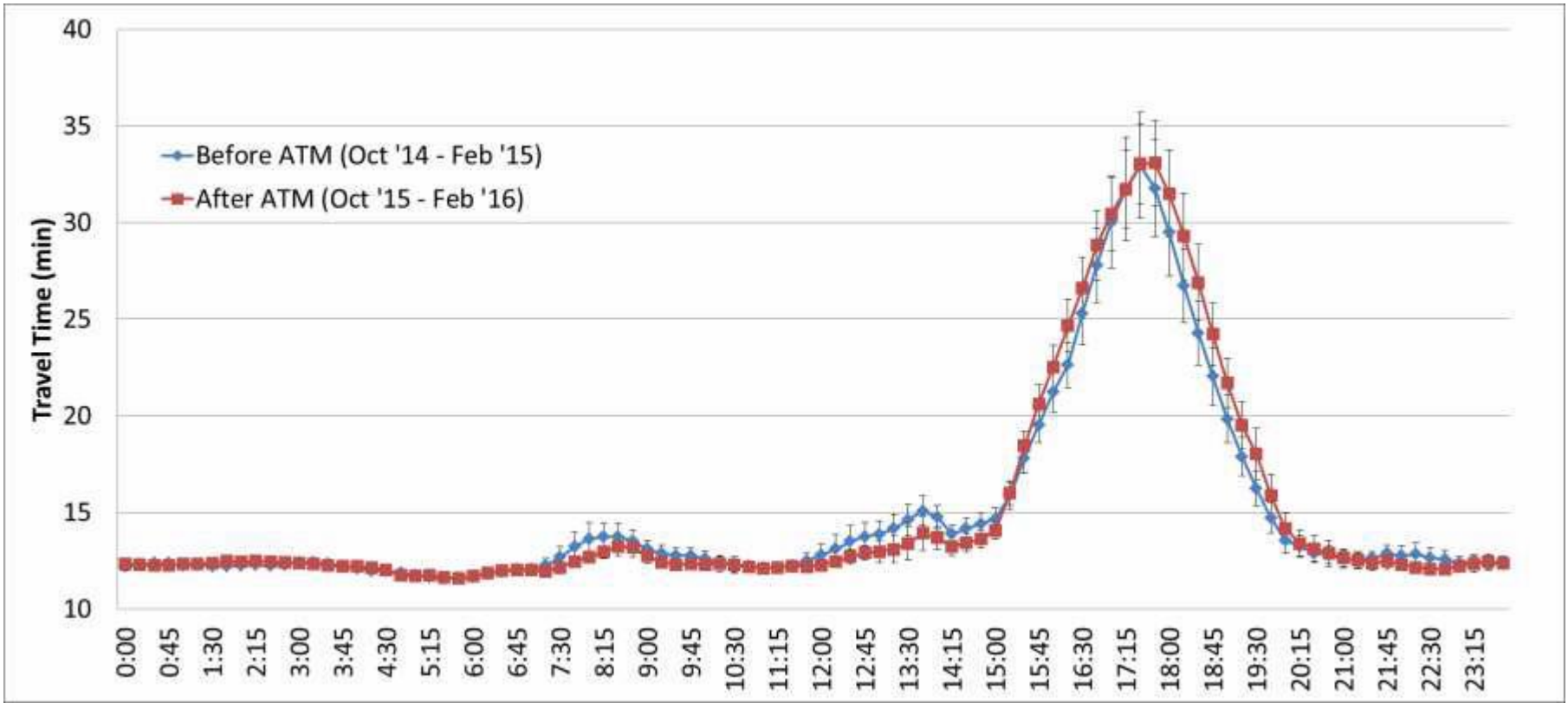
Time Period	Oct 2014 - Feb 2015	Oct 2015 - Feb 2016	Change	Statistically Significant?
AM Peak (5:30 - 11AM)	17.0 min	18.2 min	+1.2 (+7%)	Yes
Midday (11AM - 2PM)	13.3 min	13.2 min	-0.1 (-1%)	Yes
PM Peak (2PM - 8PM)	14.7 min	13.7 min	-1.0 (-6%)	Yes



2014-2015 vs. 2015-2016

Average WB Weekday Travel Times

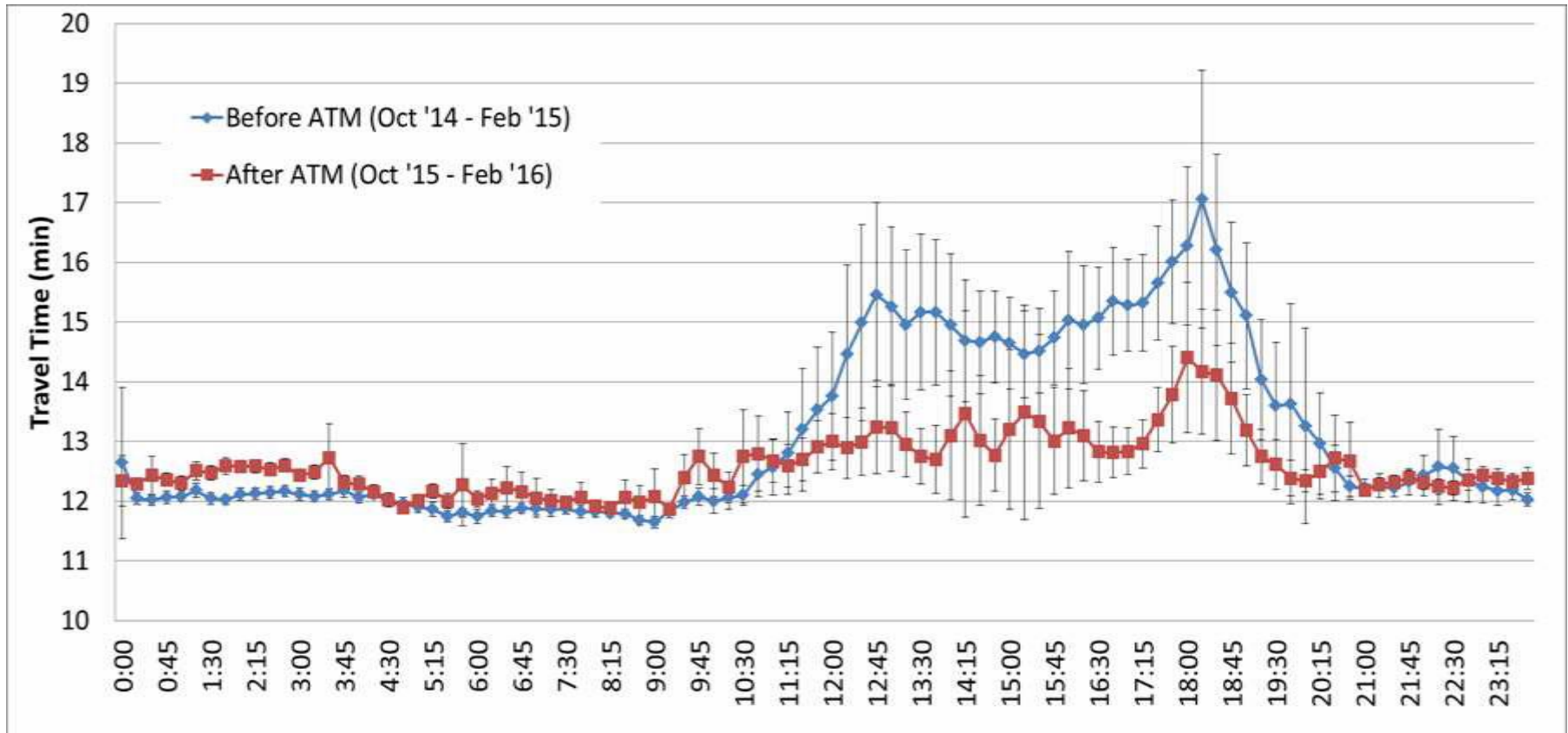
Time Period	Oct 2014 - Feb 2015	Oct 2015 - Feb 2016	Change	Statistically Significant?
AM Peak (5:30AM - 11AM)	12.6 min	12.3 min	-0.3 (-2%)	Yes
Midday (11AM - 2PM)	13.3 min	12.7 min	-0.6 (-5%)	Yes
PM Peak (2PM - 8PM)	21.7 min	22.5 min	+0.8 (+4%)	Yes



2014-2015 vs. 2015-2016

Average EB Weekend Travel Times

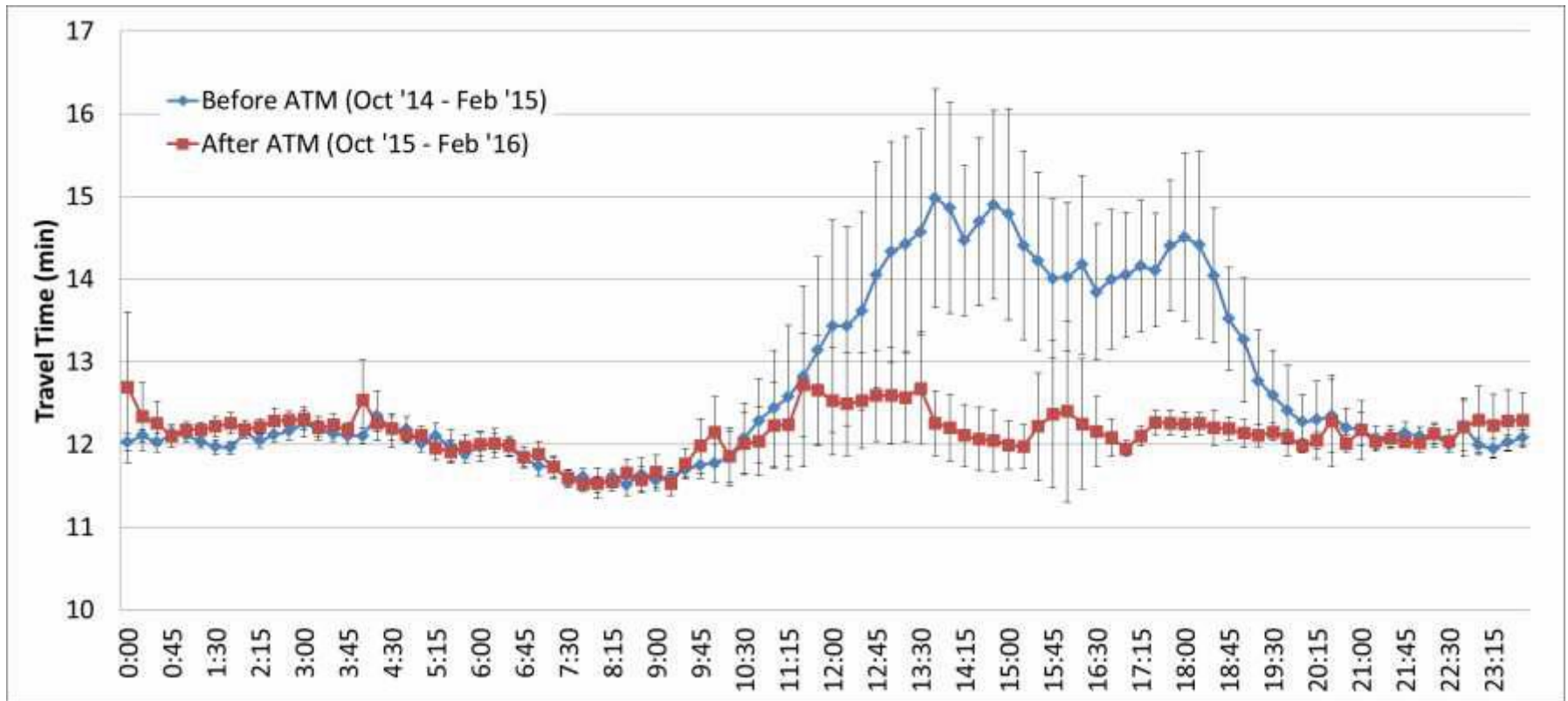
Time Period	Oct 2014 - Feb 2015	Oct 2015 - Feb 2016	Change	Statistically Significant?
Daytime Peak (10AM - 8PM)	14.5 min	13.1 min	-1.4 (-10%)	Yes



2014-2015 vs. 2015-2016

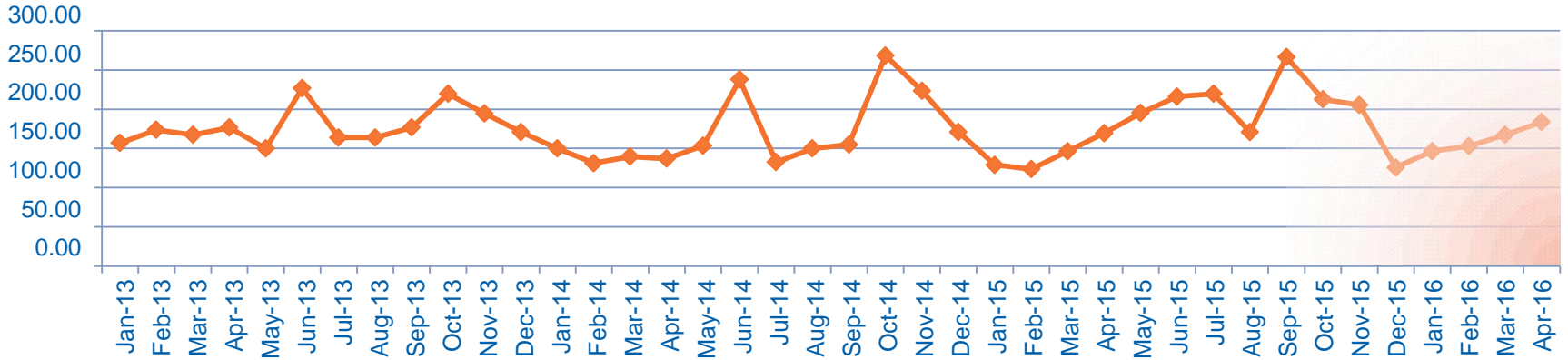
Average WB Weekend Travel Times

Time Period	Oct 2014 - Feb 2015	Oct 2015 - Feb 2016	Change	Statistically Significant?
Daytime Peak (10AM - 8PM)	13.7 min	12.2 min	-1.5 (-11%)	Yes

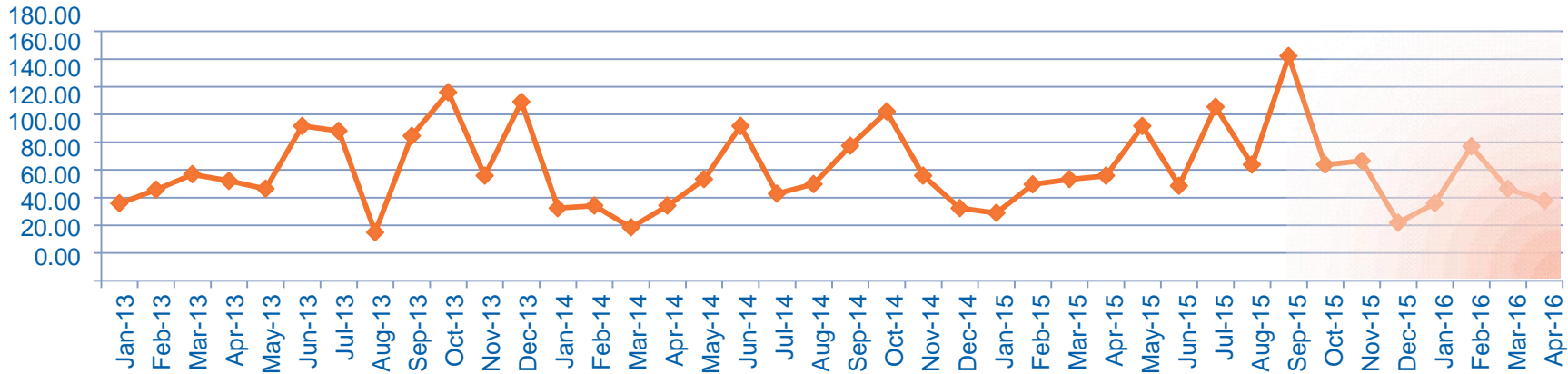


Crash and Injury Rate Trend

Crash Rate



Injury Rate



Initial before/after Study Finding

- **The ATM system had minimal effect on travel times during weekday peak periods, same shoulders use before ATM.**
- **Small benefits were observed in the off peak direction and during midday periods during the week.**
- **Flow improved substantially during the weekends. Both mean travel time and travel time reliability improved by a statistically significant amount.**
- **Most improvements appear to be attributable to shoulder lane usage.**
- **Currently examining crash data, but early results appear to show some reductions in crashes.**

Impact, Issues, and Public Perception

- **Reduced congestion.**
- **Safety issues: No major safety issues. No adverse impact on traffic safety.**
- **Motorists have generally favorable views due to reduction of congestion.**
- **Enforcement issues - motorists using lane during non-usage times.**
- **Incident management is difficult when shoulder lane is open to traffic, quick clearance is required.**
- **Lesson Learned: Start with better lane control and other signs, provide information to motorists through overhead DMS.**
- **Colored pavements really help public discern special facility, especially around interchanges.**

Thank you!

Please email me with questions:

Dean.Gustafson@vdot.virginia.gov